



Hospital Bag Checklist

for mom

- ♡ Wallet - ID, Debit/Credit Card
- ♡ Insurance Card
- ♡ Birth Plan
- ♡ Pumps & Parts (if pumping)
- ♡ Nursing Bras
- ♡ Comfy clothes (2-3 sets)
- ♡ PJs
- ♡ Underwear
- ♡ Robe
- ♡ Socks with grips
- ♡ Shower Shoes
- ♡ Sandals
- ♡ Deodorant
- ♡ Body wash
- ♡ Shampoo / Conditioner
- ♡ Toothbrush / Toothpaste
- ♡ Hairbrush / Hair ties
- ♡ Chapstick
- ♡ Nipple Cream
- ♡ Pillow
- ♡ Towels

for baby

- ♡ Coming home outfit
- ♡ Car Seat
- ♡ Mittens, hat, socks
- ♡ Swaddle blanket
- ♡ Diaper bag
- ♡ Miscellaneous items to take pictures of baby with

for partner

- ♡ Clothes (2-3 sets)
- ♡ PJs
- ♡ Underwear
- ♡ Deodorant
- ♡ Shampoo/Conditioner
- ♡ Body Wash
- ♡ Pillow
- ♡ Towel
- ♡ Shoes

miscellaneous

- ♡ Phone
- ♡ Chargers
- ♡ Reading tablet / tablet
- ♡ Book